Associate of HEALTH STUDIES
Associate of Health Studies

The Associate of Health Studies (AHS) programme aims to prepare students to further their study at Bachelor level and/or pursue a career in health services or become health workers. The programme objectives are:

(i) To broaden students' perspectives through exposure to a wide range of general education courses that foster their all-round development;
(ii) To enhance students' ability in health promotion, maintenance and restoration plus illness prevention through the delivery of primary, secondary and tertiary health care;
(iii) To develop students' understanding of psychosocial, cultural and environmental dimensions of health and illness;
(iv) To enhance students' communication skills for delivery of individualised care as well as for facilitation of teamwork;
(v) To provide students with experiential learning opportunities to facilitate integration of theory and practice in their profession;
(vi) To promote self-directed and lifelong learning.

The AHS programme integrates the concepts of health enhancement, restorative health, nurturing health, preventive health and twelve Activities of Living. The programme prepares students to be responsive and responsible to society by serving people of all ages, but older people in particular. Through comprehensive, quality, efficient and age-responsive programme design, graduates are equipped to contribute to the community by not only providing direct care but also educating and advocating individuals and the population at large to become giving citizens.

Students are required to complete a minimum of 61 credits in order to be granted an Associate award. An academic year consists of two regular semesters of 15 weeks each and each three-credit course consists of 45 contact hours. The ratio of specialised to generic courses is about 40 percent to 60 percent.

The AHS programme adopts a contemporary teaching style, with different learning activities including lectures, practicums, seminars, tutorials, role plays, problem-based learning and laboratory sessions. Students will learn theoretical knowledge by analysing actual health problems. They will work on the various health issues and problems in tutorial groups.

Admission Requirements

The applicants should meet one of the following requirements:

(i) Have obtained Level 2 for Chinese Language and English Language and Level 2 for Mathematics and Liberal Studies plus one Elective/Applied Learning Subject at Level 2 (“2222+2”) in HKDSE; OR
(ii) Have obtained a pass in one AL subject or passes in two AS subjects in HKALE and five passes in HKCEE including Chinese Language and English Language; OR
(iii) Have obtained a pass in one AL subject or passes in two AS subjects in HKALE and three passes in HKCEE plus Level 2 for Chinese Language and English Language; OR
(iv) Satisfactory completion (with GPA ≥2.5) of a Pre-Associate Degree Programme; OR
(v) Equivalent qualifications.
Programme Structure

Year 1

Semester 1
- Developing English Language Skills (3 credits)
- Applied Chinese Language (3 credits)
- Introduction to Health Informatics (3 credits)
- Applied Psychology (3 credits)
- Applied Sociology (3 credits)

Semester 2
- Communication (3 credits)
- Essential Concepts of Chinese Medicine (3 credits)
- Anatomy and Physiology (3 credits)
- Integrative Nutrition (1.5 credits)
- Basic Caring Skills (3 credits)
- Introduction to Infection Control and Prevention (1.5 credits)

Year 2

Semester 1
- Elective Language Course (3 credits)
- Creative Writing in Chinese (3 credits)
- Ethics and Legal Issues in Health Care (3 credits)
- Introduction to Gerontology (3 credits)
- Health Promotion and Health Education (3 credits)
- Acute and Chronic Diseases (3 credits)

Semester 2
- The Development of Non-Profit Organisations in Hong Kong (3 credits)
- GE Elective 1 (3 credits)
- Elective 1 (3 credits)
- Communicable Diseases in Contemporary Societies (3 credits)
- Practicum (1 credit)

Assessment

According to the nature of the course, assessment includes any one, or any combination, of the following forms, such as attendance and participation in class, written work, tests, examinations, reflective journals, case studies, presentations, evaluation reports and any other form appropriate to a specific course. Types of assessment include that conducted by teaching staff, student self evaluation or peer evaluation.

Career Prospects & Further Studies

The AHS programme equips graduates to pursue a career in the health service industry and to continue their studies in health care and medical science related disciplines.

Graduates are eligible to be registered as “Health Worker” under the Social Welfare Department and work as a licensed health worker in community health clinics, nursing homes and residential care facilities, subject to passing a designated course accredited by the SWD.

Graduates who wish to have professional/academic advancement may further their studies at Bachelor level in Health Science in Nursing, Applied Gerontology, Health Services Management, Medical Science, Social Sciences, Education, etc., at local and overseas institutions.
Languages & General Education

The General Education courses are offered by the Languages and General Education Centre and categorised according to the rudiments of Confucius’ Six Classical Arts as follows:

Rites (禮) : morality, ethics and law, by which, one defines self and interpersonal relations
Music (樂) : aesthetic literacy in arts, music, dance, drama and performance as well as handicrafts
Archery (射) : stamina training which cultivates mindfulness and concentration
Horsemanship (御) : endurance training that nurtures fitness and wellness
Calligraphy (書) : language and literature courses covering reading, writing, and classics appreciation
Arithmetic (數) : mathematics, science and information technology courses that enhance logical thinking, problem-solving and exploratory learning

Programme Summary

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<tr>
<th>Title of Programme (English)</th>
<th>Associate of Health Studies</th>
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<tbody>
<tr>
<td>Title of Programme (Chinese)</td>
<td>健康科學副學士</td>
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<tr>
<td>Mode and Length of Study</td>
<td>Full-time 2 years</td>
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<td>Qualification Framework Level</td>
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<td>Credits Required for Graduation</td>
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<td>Medium of Instruction</td>
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<td>Application Fee</td>
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<td>Tuition Fee *</td>
<td>HK$2,500 per credit</td>
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Students can apply for grants and loans through Student Financial Assistance Agency (SFAA).

* The tuition fee for 2014/15 is subject to adjustment.

Tung Wah College

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