

Organized by



東華學院  
TUNG WAH COLLEGE

School of Medical and Health Sciences  
BSc (Honours) in Physiotherapy

Co-organized by



香港心理衛生會  
The Mental Health Association of Hong Kong

## Workshop on Contemporary Physiotherapy Services and the New Insights into Polyvagal Exercises as an Exercise Protocol in IDD and ASD in Hong Kong

This workshop is organised by the Tung Wah College, and co-organised by the Mental Health Working Group of the Hong Kong Physiotherapy Association and The Mental Health Association of Hong Kong.

Date	09 August 2025 (Saturday)
Time	2:30 p.m. – 5:30 p.m.
Venue	Room 701, 7/F, Tung Wah College King's Park Campus (Ma Kam Chan Memorial Building, 31 Wylie Road, Homantin)
Target Participants	Registered Physiotherapists
Course Fee	HK\$400 for HKPA member HK\$1,000 for non-HKPA member
Capacity	40
CPD Points/Code	3
Online Registration & Payment	Registration Link: <a href="https://www.twc.edu.hk/limesurvey/index.php/814972">https://www.twc.edu.hk/limesurvey/index.php/814972</a> Payment link will be sent after registration. * Deadline: 8 July 2025 (Tuesday)
Enquiry	Ms. Azlan CHAN (Email: <a href="mailto:azlanchan@twc.edu.hk">azlanchan@twc.edu.hk</a> , Tel: 3725 6121)



### Detailed Rundown: (Moderator - Dr. Anthony Kwok, Associate Professor, Tung Wah College)

Time	Topic
2:30-3:30 p.m.	What is IDD and Autism? Review the physiotherapy services for IDD and ASD in NGOs in Hong Kong Presenters: Mr Lam Chak-yat, Sam Physiotherapist, The Mental Health Association of Hong Kong (MHAHK)
3:30-3:45 p.m.	Break
3:45-5:15 p.m.	Polyvagal Exercise as an Exercise Tool, The New Paradigm (Theory and Practice) Presenters: Mr Wong Chun-ho, Eyckle Senior Clinical Associate, Tung Wah College Ms Cheung Siu-ching, Dorothy Senior Clinical Associate, Tung Wah College
5:15-5:30 p.m.	Discussion