

The Magic of PNF Irradiation: How to apply indirect treatment in clinical situations?



Invited Speaker: Marcel GRZEBELLUS

Senior Instructor of IPNFA®

Marcel Grzebellus gives PNF courses worldwide as a senior instructor of the "International PNF Association" (IPNFA). He has been visiting Hong Kong for several times to conduct IPNFA PNF courses both for basic and advanced levels.

Course Contents

This 4-hr course aims to introduce the application of PNF Irradiation in clinical situations, including neurological and musculoskeletal conditions. The contents will include the explanation of PNF concepts, definitions and rules of irradiation, treatment techniques and applications, skills demonstration and small group hands-on practice.

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| Date: | 11 January 2026 (Sunday) |
| Time: | 14:00 – 18:00 (4 hours) |
| Venue: | 7/F, Tung Wah College (King's Park Campus), 31 Wylie Road, Homantin, Kowloon, Hong Kong |
| Target Participants: | Registered Physiotherapists |
| Course Fee: | HKD600 |
| Capacity: | 24 |
| Online Registration & Payment | Registration link: https://www.twc.edu.hk/limesurvey/index.php/435543 Deadline: 29 December 2025 (#Payment link will be sent after selection) |
| CPD Points | 4 (TBC) |
| Enquiry: | Ms. Azlan CHAN (Tel: 3725 6121, Email: azlanchan@twc.edu.hk) Mr. Dimon Lau (WhatsApp: +852 6168 0814, Email: ipnfahkc@gmail.com) |



Co-organizers



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